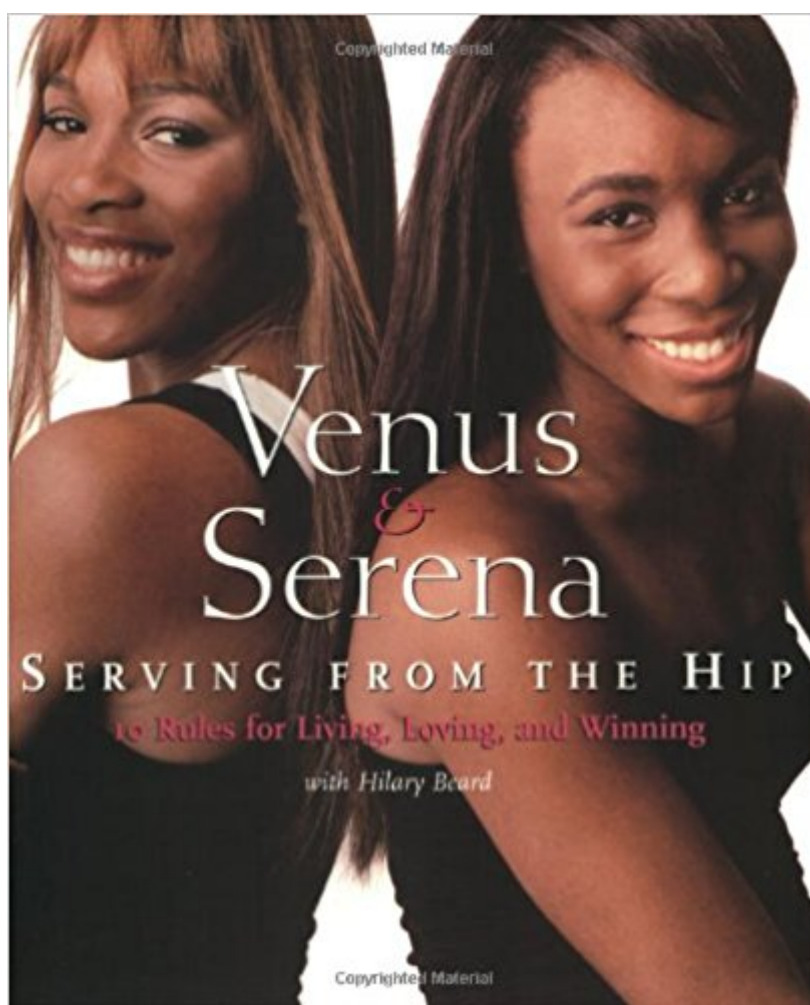


The book was found

Venus And Serena: Serving From The Hip: 10 Rules For Living, Loving, And Winning



Synopsis

Venus and Serena Williams have something to say. But it isn't all about tennis. It's about life and how to play it. These superstars and super sisters share their secrets in this straight-talking smart guide. Speaking candidly about their personal experiences, the sisters give you the inside scoop on:

- What it takes to rise and stay on top.
- Who watches their backs when the pressure is on.
- How they spend and save their money.
- Dating their real deal on romance.
- Keeping grades up and study stress down.
- Loving the skin you're in.

This book offers solid advice for getting an advantage in every game you play.

Book Information

Lexile Measure: 1010L (What's this?)

Paperback: 144 pages

Publisher: HMH Books for Young Readers; English Language edition (March 22, 2005)

Language: English

ISBN-10: 0618576533

ISBN-13: 978-0618576531

Product Dimensions: 7.5 x 0.4 x 9 inches

Shipping Weight: 12 ounces

Average Customer Review: 4.0 out of 5 stars 14 customer reviews

Best Sellers Rank: #894,919 in Books (See Top 100 in Books) #58 in Books > Teens >

Biographies > Sports #99 in Books > Teens > Personal Health > Body, Mind & Spirit #136

in Books > Teens > Sports & Outdoors

Age Range: 12 and up

Grade Level: 7 and up

Customer Reviews

Grade 7 Up "The sisters and tennis players extraordinaire give teens advice on everyday living, showing them how to aim high and reach their goals. The 10 rules for success include building a "dream team" (people who support your goals), doing well in school, learning self-respect, valuing friendships, taking care of yourself emotionally and physically, obtaining financial security, and overcoming setbacks. The final chapter discusses the virtues of volunteerism and charity. A color photo appears on every spread. The two women speak candidly about their personal experiences, revealing the values, attitudes, and regimens that worked for them. Never preachy and always practical, this is a welcome addition to most collections." "Ajoke' T. I. Kokodoko, Oakland Public

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Gr. 5-8. Tennis stars Venus and Serena Williams take their lessons from the sport and offer them as advice to readers. In a casual tone, the well-organized book tackles topics such as building your dream, respecting yourself, staying in school, picking the right friends, and taking care of your money. Sometimes point-by-point help is offered (to build your dream, get your parents in your corner; to build your knowledge, be your own fan). With the help of cowriter Hilary Beard, the sisters come across as friendly, capable, and interested in their audience. Readers get a look into the girls' personal lives and their relationships with their families and each other. What makes this book so enticing is its attractive layout: lots of crisp, color photographs and design elements such as starbursts and silhouettes in different colors. Information about how to get involved with charitable organizations completes the package. Ilene Cooper Copyright © American Library Association. All rights reserved

I love Venus and Serena! They are so inspiring! I purchased this book for a teenage girl. Of course I read it first and loved it! It's a beautiful book which touches on a lot of things young ladies go through. It's also a great read if you're wanting them to understand that they do have options in this world and can honestly achieve anything if they put their minds to it, have people who believe in them and stay focused! Venus and Serena are living proof!

I haven't even finished the book yet, but it is obviously a bestseller 'in my book'. I have both Venus & Serena's more recent autobiographies, but this book is by far the best!!! If your looking for a straight to the point, why are they successful, how were they with siblings, and parented, this is the book for you! Very direct, yet entertaining, an enjoyable read for a parent. I highly recommend it & the price is great(a penny)!!!

this is a very positive and motivating book for pre teens and teens. It applies to real world issues and not necessarily focusing on tennis. I recommend this book for any young person interested in being successful and strong.

A good read, very well written.

What can one say -- 'perfecto" of course Serena is my favorite, and throw in Venus. I'm forever grateful. Thanks

Great!

It was Okay.

Ignore Gail's review. She's a hater. This book is designed for grades 5-8, but I'm a college freshman and have gotten a lot out of it! The Williams sisters are amazing, and so is their advice. Chapters include advice on...-The importance of finding a support system for your dreams-The priceless value of a good education-Respecting yourself-Choosing your friends wisely-Living to please yourself first, and others last-Waiting on a relationship-Loving and taking good care of your body-Money management-Dealing with setbacksand-VolunteerismIt's an awesome book. Buy it, and you won't regret it. It's for ALL races. ALL religions. ALL sexes. and ALL beliefs.

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Venus and Serena: Serving From The Hip: 10 Rules for Living, Loving, and Winning Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) Tight Hip Flexors: The 7 Minute Tight Hip Solution: Simple and Effective Movements That Quickly Release Tight Hip Flexors And Reduce Hip Pain (Hip replacement ... mobility exercises, hip flexor exercises) Who Are Venus and Serena Williams? (Who Was?) Flexibility: The Health Hip Flexor Formula - Fix Tight Hip Flexors, Hip Pain - Hip Stretches & Stretching (Hips, Foam Rolling, WOD, Calisthenics, Mobility, ... Massage, Posture, Yoga For Beginners) Hip Hop Rhyming Dictionary: The Extensive Hip Hop & Rap Rhyming Dictionary for Rappers, Mcs, Poets, Slam Artist and lyricists: Hip Hop & Rap Rhyming Dictionary And General Rhyming Dictionary Hip Pain And Flexibility Cure: Learn How To Cure Tight Hips And Hip Flexors With Simple Movements (tight hips, hip flexors, stretches, stretching, anti aging, flexibility, hips Book 1) Tight Hip Flexors: Relieve The Pain of Tight Hip Flexors In Just 5 Minutes (Tight Hip Flexors, Tight Hips) Hip Hop: A Short History (Hip Hop) (Hip Hop (Mason Crest Paperback)) Mars and Venus on a Date: A Guide for Navigating the 5 Stages of Dating to Create a Loving and Lasting Relationship Word-Filled Women's Ministry: Loving and Serving the Church (The Gospel Coalition) Blackjack Strategy: Winning at Blackjack: Tips and Strategies for Winning and Dominating at the Casino (Blackjack, Counting Cards, Blackjack Winning, Good at Blackjack, Black Jack, Card Counting) Winning Lacrosse for Girls (Winning Sports for Girls) (Winning Sports for Girls

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Salsa Fairy; #7: Isabelle the Ice Dance Fairy) Serena Williams: Legends in Sports (Matt Christopher
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Serena's Strength/A Woman's Place/The Reluctant Fugitive/Saving Grace (Inspirational Romance
Collection)

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